## Certified NLP Coach by Richard Bandler | Life Coach | Emotional intelligence Coach| Hypnotherapist| NLP Trainer|

“*My objective is to help people become the best version of themselves. I help and enable them to realize their true potential, so that they can take charge of their lives.”*

I specialize in helping individuals and groups achieve personal and professional goals through the power of coaching and training to make the mental shifts required to sustain change. I’m a certified NLP Master Trainer, Life, Social, Emotional Intelligence and Motivation Coach, Hypnotherapist and Keynote Speaker from NLP Amsterdam. I am ​currently, interning for ICF certification.

I have traveled and studied in different parts of the world. I got attracted to the world of NLP when I saw the magic that people can create for themselves with gentle nudges. Richard Bandler, Nicole Schneider & Global NLP are my Gurus.

I help my clients to find their potential by knowing their values, beliefs and potential and henceforth, help them to select the most suitable solution which is aligned with their life purpose. I add value to my clients by changing their focus from *"being the best"* to *"doing the best"*. I train and coach them in a way where learning & integration happens during the training itself.

My training style today is based on NLP research, life coaching sessions, emotional intelligence and motivation coaching. I have developed and honed it over time, while helping people transform their personal and professional lives.

I am also passionate about Martial arts, especially Kalaripayattu. Kalari is fast and intense. It synchronises both the mind and body in an amazing way. It is about strength, flexibility, emotional well-being, overall fitness and a lot more. Working towards increasing my speed and agility, trying to get the postures correct, meeting, practicing and learning with other students from different walks of life is altogether a very fulfilling routine. With every passing day, I practice a little more, I improve a little more and fall in love with it a little more!.

I conduct regular workshop​s and one on one sessions for individuals including corporate professionals, parents, teachers, teenagers and kids. The subjects range from personal development, public speaking, Business & Leadership Coaching, parenting, teaching, memory improvement, storytelling to NLP for Marketing & Sales, Hypnotherapy, Wellness etc. I also work with Corporates, Schools & Colleges.

Coaching techniques involve unique customised model as per client requirements. They include a structured process of powerful questioning and SMART goal setting to achieve the goals selected and a transformation of individual or business or organization.

**Credentials**

* Certified Trainer
* Certified NLP Master Practitioner from Richard Bandler and Global NLP
* LIFE COACH (GLOBAL NLP)
* EMOTIONAL INTELLIGENCE COACH (GLOBAL NLP)
* MOTIVATION COACH (GLOBAL NLP)
* NLP FOR BUSINESS & LEADERSHIP
* NLP FOR TEENAGERS & KIDS
* PG DIPLOMA : TEFL,TESCOL specialized for Young Learners teachers training and Special Education (Autism OR ADHD OR LD), Business English Teachers Training and Train the Trainer

**Specialties:**

| NLP| | Emotional Intelligence | Motivation Coach | Corporate Facilitation | | Behavioural Skills | Leadership Skills| Custom-designed individual coaching | business Coaching | Career Advancement | Career Confusion | Career Transition | Career Restart | Performance Enhancement